



The platform

Online

Psychological

Service

Luz, Imagem & Publicidade





Summary Executive



The project aims to create an innovative online psychological care platform that will offer accessible and quality psychological support for young people, as well as personal development and self-help resources. The platform will be a versatile tool that will meet the emotional, psychological and personal development needs of young people in Mozambique, promoting mental health and well-being



Objectives



Accessible Psychological Support

Provide easy access to licensed therapists to meet the emotional needs of youth.



Personal Development

Offer resources and guidance for personal growth and improved well-being.



Self-Help and Empowerment

Empower young people to deal with emotional challenges through self-help tools and techniques.



Benefits and Impact



Improving Mental Health

The platform will help reduce stigma around mental health and promote access to vital psychological support.

Personal development

Young people will have access to resources to improve self-esteem, interpersonal skills and emotional resilience.

Youth Empowerment

Will empower young people to take positive action towards their mental health and wellbeing.



Platform Operation



Connecting with a Licensed

Psychologist After selection, users are connected to licensed psychologists through a secure platform.



Choice of Service Modality

Users choose between different service modalities, including chat, video or audio, depending on their preferences and needs.



User Accesses the Platform

Young people access the platform through mobile devices or computers.



Educational Resources and Self-Help

Empower young people to deal with emotional challenges through self-help tools and techniques.



Ongoing Support

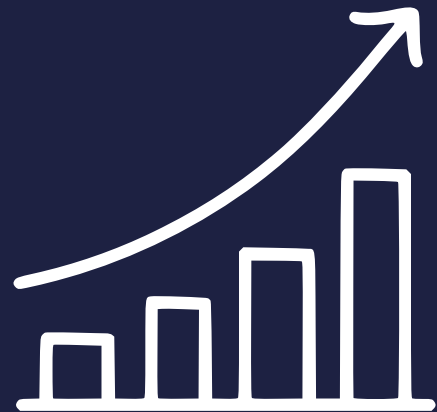
The platform offers ongoing support, allowing users to access help whenever they need it.



Panorama

Alarming Statistics

Highlight current statistics on mental health among young people, including rates of anxiety, depression and other emotional problems.



Captures of illustrative screen





Intuitive

Easy to use and visually pleasing for the user



Fast

Developed to streamline processes



Revolutionary

A technology that promises to improve the remote service model





Some of our customers



United Nations – Refugee Agency



Moz. Airport handling services



DDB



National hydrocarbon company



Mitsubishi Corporation

XXX



End of presentation



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